

## JUNIOR KNIGHTS SWIM TEAM

### WHITE TEAM (6-8 YEARS OLD)

This program is aimed at children who can swim and are interested in developing a stronger set of swimming skills. The program introduces children to competitive swimming and small meets are included. Children must be able to swim 2 x 25 yards (two lengths of the pool - one freestyle and one backstroke).

Participants are encouraged to attend both practices each week.

<b>Day:</b>	Mondays & Wednesdays				
<b>Time:</b>	6:00 - 7:00pm	<b>Session:</b>	<b>Date:</b>	<b>Fee:</b>	<b>Program#:</b>
<b>Location:</b>	Nicolet High School - Pool	II	November 4 - December 18	\$110.00R/\$130.00NR	111040-02
<b>Age:</b>	6 - 8 years old		(skip 11/27)		
<b>Min/Max:</b>	4/10				
<b>Instructor:</b>	Schroeder Coaching Staff				

### LIGHT BLUE TEAM (9-12 YEARS OLD)

This program is aimed at children who can swim and are interested in developing a stronger set of competitive swimming skills. This is a competitive swimming program and athletes race in the Schroeder Conference meets and against other area recreation department teams. Children must be able to swim 50 yards (50 yd freestyle and 50 yd backstroke).

Participants are encouraged to attend three practices each week.

<b>Day:</b>	Mondays, Wednesdays, Thursdays				
<b>Time:</b>	6:30 - 7:30pm				
<b>Location:</b>	Nicolet High School - Pool	<b>Session:</b>	<b>Date:</b>	<b>Fee:</b>	<b>Program#:</b>
<b>Age:</b>	9 - 12 years old	II	Nov. 4 - Dec. 19	\$165.00R/\$185.00NR	111041-02
<b>Min/Max:</b>	4/20		(skip 11/27, 11/28)		
<b>Instructor:</b>	Schroeder Coaching Staff				

### DARK BLUE TEAM

This program is designed to get young swimmers ready for high school swim team participation or to extend a successful high school experience. Athletes should be strong swimmers. The Schroeder Swim Team staff and directs the program.

Participants are encouraged to attend three practices each week.

<b>Day/Time:</b>	Mondays, Wednesdays, Thursdays				
<b>Time:</b>	6:30 - 7:45pm				
<b>Location:</b>	Nicolet High School - Pool	<b>Session:</b>	<b>Date:</b>	<b>Fee:</b>	<b>Program#:</b>
<b>Grade:</b>	7th - 12th grade	II	Nov. 4 - Dec. 19	\$195.00R/\$225.00NR	111042-02
<b>Fee:</b>	\$195.00R/\$225.00NR		(skip 11/27, 11/28)		
<b>Min/Max:</b>	4/20				
<b>Instructor:</b>	Schroeder Coaching Staff				

PARTICIPANTS ARE WELCOME TO JOIN AT ANYTIME. PRACTICE SCHEDULE SUBJECT TO CHANGE.



**Nicolet Recreation Department**  
 6701 N. Jean Nicolet Rd.  
 Glendale, WI 53217

Phone: (414) 351-7566  
 Fax: (414) 351-4053



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